VANCOUVER metro®
Thursday, July 7, 2011
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News worth sharing.

▶ An artist's rendering of a proposed Evergreen Line station in Port Moody.

CONTRIBUTED

Ready to pay more at pump?

Region's mayors advocate hike in gas tax to pay for Evergreen Line ◐ Vehicle levy and property taxes on deck for long-term transit funding ◐ Federal and provincial governments have agreed to pay $400 million each

MATT KIELTYKA
@METRONEWS.CA

The region's mayors hope adding an extra two cents to the gas tax will finally solve the funding puzzle that has kept the Evergreen Line from breaking ground.

But now people are asking whether the added cost will be the straw that breaks the taxpayer's back.

The Mayors' Council on Regional Transportation announced yesterday it has asked the provincial government to table legislation that will allow that gas tax to be hiked from $0.15 to $0.17 per litre.

Vice-chair Pamela Goldsmith-Jones — mayor of West Vancouver — said the proposal, part of a larger funding package, would generate $40 million a year and bring in enough revenue for the region to commit its $400-million share of the Evergreen Line linking the Tri-Cities.

"We think it's good news," Goldsmith-Jones said. "A two-cents-a-litre tax would be able to fund (the Evergreen Line). We won't want that to be funded by further property taxes."

The Canadian Taxpayers Federation, however, is crying uncle.

"When is it ever enough?" asked the federation's B.C. director, Gregory Thomas. "Vancouver is already paying the highest gas taxes in the country. The mayors have been working, quote unquote, on this for years and this is the best they can come up with?"

Vancouver motorists already pay the HST, plus the 15 per cent gas tax and the 5.5-cents-per-litre carbon tax, Thomas said.

New B.C. Conservative Leader John Cummins echoed the sentiment.

He said the legislation, to be tabled by Transportation Minister Blair Lekstrom in the fall, shows that Lower Mainland commuters are being treated like "cash cows" by the government.

But Port Moody Mayor Joe Trassolini, whose municipality stands to benefit from the Evergreen Line, said there aren't many other options.

"What better way, other than the carbon tax, to encourage the use of public transit?" Trassolini asked. "I don't know what else is fairer (than taxing transportation). You can't have it both ways."

If passed, the tax increase would take effect April 2012.

The proposal is part of a larger long-term Moving Forward Supplemental Plan, which also recommends some sort of vehicle levy and possible property-tax increases to expand the region's transportation network

Perk up your pasta

◐ Toss spaghetti with mango salsa and shrimp {page 23}

Local

'Come out and join us'

◐ Shinny tournament on Saturday will collect food donations {page 4}

Local

Dead body found on trail

◐ Male discovered in Coquitlam was likely targeted, police say {page 6}

Home

Tips to beat the summer heat

◐ Try these simple steps at home before cranking up the AC {page 22}

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Police inundated with non-emergency calls

Police are reminding the public that a traffic jam does not constitute an emergency after the Upper Fraser Valley RCMP communication centre was nearly overwhelmed with 911 calls from stopped drivers following last week's mud slide.

The slide spread debris across Highway 1 near Hope last Wednesday, causing only one minor injury but shutting down traffic for hours in both directions, with jams stretching as far away as Langley.

"I can't actually specify an exact number (of calls), but I know from just before 10 a.m. until well after 5 p.m., the centre was inundated," reported Const. Tracy Wolbeck.

Although the calls never caused any delay in answering actual emergencies, Wolbeck said that the RCMP was worried that it could happen in the future.

"911 should be the last option for people needing to get updates," Wolbeck said. "The radio is going to be the best medium for all the current, accurate information from the RCMP."

DAVID PROCTOR

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ A mudslide covers Highway 1 east of Chilliwack on June 29.

Utility monitoring tower risks

Crews figuring out how to remove 60-year-old fallen transmission tower from Fraser River

PHYLICIA TORREVILLAS
@METRONEWS.CA

BC Hydro is taking steps to ensure the stability of transmission towers along the Fraser River to prevent them from collapsing.

The utility put out a release yesterday detailing its actions in stabilizing, monitoring and repairing towers near where a 230-kilovolt tower fell Monday night and caused a massive power outage that affected 25,000 people in Surrey.

Hydro says crews are monitoring the foundation of a 500-kilovolt tower on the south side of the river and conducting daily underwater surveys to measure riverbed levels.

As a precautionary measure, they installed additional support wires to secure it and another 500 kV tower on the north side of the Fraser.

Simon Fraser University geographer Jeremy Venditti said there needs to be more frequent surveys of the river bottom to prevent this from happening again.

"One of the things that we don't know about the river is how much erosion and deposition is happening in various locations," he said. "We also don't know how much sandy sediment is moving through the system that makes up the river bottom. Having that kind of information would have been useful to scientists working on the river and to BC Hydro."

Hydro will also conduct a full review of the incident and will report its findings publicly to the British Columbia Utilities Commission within 30 days.

COURTESY OF BC HYDRO

▶ This 230-kilovolt tower collapsed into the Fraser River Monday night.

Flight instructor, student killed in training crash

The bodies of two men were recovered from the scene of a Harrison Lake plane crash yesterday as an investigation into the crash began.

The crash, in a snowy mountain valley north of the lake, occurred Tuesday evening during a flying lesson run by the Pacific Flying Club out of Boundary Bay Airport.

Both the flying instructor and his student, whose names have not been publicly released, died at the scene.

"It really is such a tragedy," said RCMP Const. Tracy Wolbeck in a statement.

"Our thoughts are with the family of the victims and the Pacific Flying Club."

The B.C. Coroner Service is leading the investigation.

MATT KIELTYKA

News in brief

BCCLA moves farther north

CHAPTER. The B.C. Civil Liberties Association will open a new volunteer chapter in Prince George later this month. The organization cites a disproportionate number of civil liberties issues in northern B.C. and a warm welcome from locals as the main reasons for the move.

DAVID PROCTOR

B.C. Lions get their doughnut

FANS. B.C. Lions fans can now show their support at snack time thanks to the new Tim Hortons B.C. Lions Doughnut Supreme.

DAVID PROCTOR

1 news

Celebrities, royals, murder and terror victims: Almost nobody is safe in widening U.K. hacking scandal. Scan code for story.

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On the web at metronews.ca

UBC student blinded in alleged attack in Bangladesh tearfully greets supporters back in Canada. Video at metronews.ca

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News in brief

Team screens riot footage

REVIEW. Vancouver's riot investigation team is currently reviewing approximately 15,000 images and approximately 1,200 to 1,600 hours of video taken during the June 15 riot. To date, 34 people have turned themselves in to police. A new email has been created for submissions from the public at riot@vpd.ca.
TERRIS SCHNEIDER

MLA case to get special review

DOMESTIC DISPUTE. A B.C. Liberal who ended up in jail after an alleged fight with his wife will have his case reviewed by a special prosecutor. Peace River North MLA Pat Pimm was arrested on June 26 in Fort St. John and spent one night in jail. **THE CANADIAN PRESS**

Stadium readies beer system

EMPIRE FIELD. B.C. Lions fans won't be going thirsty at games: Empire Field has installed Western Canada's first stadium-used multi-unit pouring system, which can prepare up to 60 consistent-quality beers each minute by pouring from the bottom of the cup. **DAVID PROCTOR**

Cruelty charges recommended

SPCA. The B.C. SPCA is recommending criminal animal-cruelty charges following the discovery by campers near Lake Errock of a badly emaciated dog, which was plagued by sores and parasites and restrained by a 13-pound chain. **DAVID PROCTOR**

Have stick, will donate food

Donation-based shinny tourney Fivehole for Food returns to Vancouver Saturday ◐ Grassroots street-hockey campaign now a national tour

MATT KIELTYKA
@METRONEWS.CA

CONTRIBUTED

▶ Fivehole for Food founder Richard Loat has been tapping into Canadians' love of hockey to help out food banks across the country.

If you want to make a difference in this country, grab a hockey stick.

That's what Fivehole for Food founder Richard Loat discovered 15 months ago, when he came up with an idea to help struggling food banks.

"All people need to bring is a hockey stick and a food donation," Loat said in between street-hockey games in Edmonton yesterday. "It takes something we all love so much and lets people give back to their community. There's something about a couple of nets and a few sticks that gets people to come and play."

Since organizing his first donation-based street hockey tournament in Vancouver, Fivehole for Food has gone on to become a corporate-sponsored national tour.

In 2010, Loat and company organized street games in nine cities, raising 6,000 pounds of food.

This year's tour includes 13 cities and has already shattered Loat's goal of 20,000 pounds in donations.

Loat returns to Vancouver Saturday for a day of shinny on Granville Street downtown and is excited to be coming home.

"No doubt Vancouver will be our biggest stop," he said. "Come out and join us."

The games run from noon to 6 p.m. in the 800 block of Granville Street.

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Discovery of body spurs investigation

The body of a dead man was located on a Coquitlam nature trail yesterday. Police said the individual was known to them and was likely the victim of a targeted hit.

The B.C. Ambulance Service contacted the Coquitlam RCMP around 7 a.m. to report a body located on a nature trail near Spuraway Avenue and Ranch Park Way. An initial investigation revealed that the death was suspicious, and the integrated homicide investigation team was called in.

In a statement last night, IHIT spokeswoman Sgt. Jennifer Pound said residents in the area heard what they believed to be firecrackers or gunshots in the early morning, but no one called police.

The victim was a male, but police were not ready to reveal further details.

"Right now we have our neighbourhood-inquiry team on scene," Pound said yesterday. "They're going to be going around and asking neighbours if they've heard anything or they have any information."

Anyone with information about the case is asked to contact the IHIT tip line at 1-877-551-4448.

DAVID PROCTOR

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PHYLICIA TORREVILLAS/METRO

▶ Kids participating in the HEROS summer hockey camp wait for their jerseys yesterday outside the Britannia Centre ice rink.

Kids lace up to become HEROS

Summer camp empowers at-risk youth through hockey

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

Ten-year-old Joshuwa Keshane's face lit up when he got his own custom-made jersey yesterday for this year's HEROS summer hockey camp.

"Hockey is my favourite sport and it gets my energy up," he said.

Norm Flynn, executive director and founder of the Hockey Education Reaching Out Society (HEROS), said Joshua and the other kids participating will be learning about teamwork and responsibility, as well as boosting their self-esteem.

"It's not about learning to be a Canuck right now. It's all about learning to be a good citizen," Flynn said.

Ice time and hockey equipment are free, paid for and provided by corporations and the National Hockey League.

The program focuses on teaching at-risk youth from economically challenged neighbourhoods both hockey and life skills.

"We want to strengthen the relationship with the child and the school and community, but we're also strengthening families," Flynn said. "We see grandmas, grandpas and uncles in the stands watching their child play hockey. There's nothing better than looking up at the stands and seeing someone that loves you."

Bear charges at jogger on Mount Seymour

A bear was shot and killed on Mount Seymour yesterday after it charged at a jogger on a trail.

The jogger managed to flee unharmed and a conservation officer was summoned.

"The bear was a threat to public safety," said Sgt. Chris Doyle of the B.C. Conservation Officer Service.

Mounties accompanied the conservation officer into the bush to investigate. The aggressive bear was then killed.

TERRIS SCHNEIDER

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News in brief

Psychiatrist in army shooting may face death penalty

The U.S. army psychiatrist charged in the deadly Fort Hood rampage will be tried in a military court and may face the death penalty, the commanding general for the Texas military post announced yesterday. Maj. Nidal Hasan, 40, is charged with 13 counts of premeditated murder and 32 counts of attempted premeditated murder in the November 2009 shooting spree.

THE ASSOCIATED PRESS

Japan to test nuclear plants

Japan said yesterday it will conduct "stress tests" on all the country's nuclear plants to ease heightened concerns about disaster preparedness after this year's tsunami sparked the worst nuclear crisis since Chornobyl. The March 11 earthquake and tsunami in northeastern Japan knocked out power at the Fukushima Dai-ichi plant, sending it toward meltdown in a crisis that engineers are still struggling to contain.

THE ASSOCIATED PRESS

Tourist found alive, trapped in mountain

Police say a Dutch tourist has been found alive 18 days after she fell in a hole while walking in the mountains in southern Spain. Civil Guard spokesperson Hector Ortega said yesterday that a group of mountaineers had found Mary Anne Goossens, 48 years old, caught among boulders.

THE ASSOCIATED PRESS

Situation is 'dire', says head of relief agency

Worst drought in 60 years threatens millions Groups unite to raise funds for safe water, food

A coalition of aid groups is urging Canadians and the government to help stop an escalating humanitarian crisis that threatens the lives of 10 million East Africans.

Five of Canada's largest relief agencies are operating under the banner of the Humanitarian Coalition.

The coalition says a devastating lack of rain has reduced livestock, incomes and food supplies, causing food prices to skyrocket and exacerbating an already precarious situation.

CARE Canada, Oxfam Canada, Oxfam-Quebec, Plan Canada and Save the Children Canada are uniting to raise funds for safe drinking water, food, health and nutrition services, shelter materials and family support.

Emergency relief operations are ramping up to meet the region's increasing needs, including those of thousands of refugees.

More than 1,000 are arriving in Kenyan refugee camps daily, said CARE Canada's Kevin McCort.

"Organizations are scaling up programs in Kenya, and throughout the affected region, but resources are strained," McCort said.

THE CANADIAN PRESS

FARAH ABDI WARSAMEH/THE ASSOCIATED PRESS

▶ Children from southern Somalia wait to go to refugee camps in Mogadishu. A looming catastrophe faces millions amid a severe drought.

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Will, Kate view fire aftermath

Prince William and his wife, Kate, have seen firsthand the aftermath of Slave Lake's devastating fire and have met with some of the people most affected by it.

They chatted privately with the Alberta town's residents, firefighters and rescue crews at a local college.

A crowd waiting outside chanted "Will and Kate" and "We love Slave Lake."

THE CANADIAN PRESS

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Dog-gone incredible

Black Lab travelled thousands of kilometres from Montreal to B.C.

THE CANADIAN PRESS HANDOUT

▶ Pollux was missing for a year.

A Montreal pooch who disappeared last year has miraculously turned up some 4,500 kilometres away in Kamloops, B.C.

The black Labrador named Pollux detests the rain, yet she took an adventurous turn upon fleeing through a gate mistakenly left open at her Montreal home last June 20.

Her owner, Isabelle Robitaille, said the family had searched high and low and given up hope they'd ever find the dog they had adopted from the SPCA in 2005.

Then last week, on Canada Day, they received a shocking phone call from the SPCA in Kamloops: a dog with a tracking chip containing her information had been found in B.C.

Photos sent by the shelter confirmed it, Robitaille said. Pollux was alive and well although a bit leaner than before. But just how she got to B.C. remains a mystery.

Getting home won't nearly be as big an ordeal however; Pollux will be flying home courtesy of SPCA International, who'll foot the bill.

THE CANADIAN PRESS

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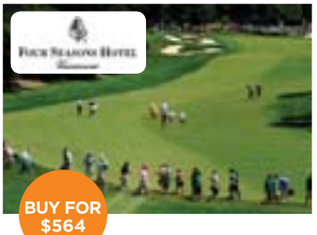

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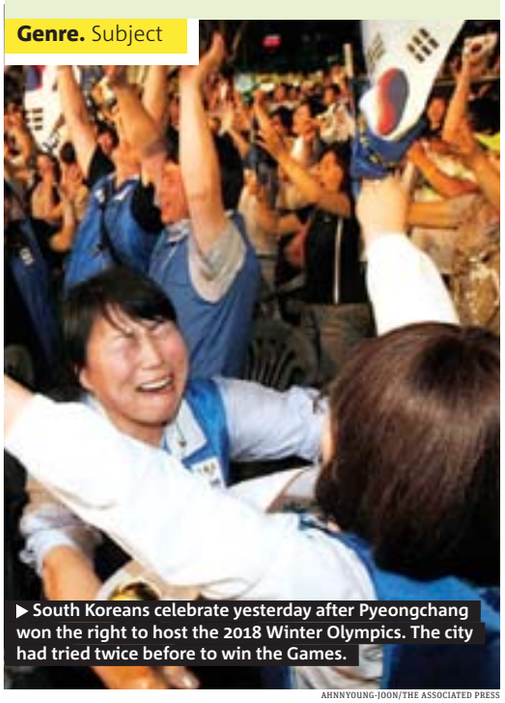


▶ South Koreans celebrate yesterday after Pyeongchang won the right to host the 2018 Winter Olympics. The city had tried twice before to win the Games.

AHNNYOUNG-JOON/THE ASSOCIATED PRESS

South Korea to host Winter Olympics

Conviction in N.B. abduction

Romeo Cormier has been convicted of abducting a New Brunswick woman last year and keeping her prisoner in his home for almost a month.

Cormier pleaded not guilty to kidnapping, forcible confinement, sexual assault, assault with a weapon, robbery and uttering death threats.

A jury convicted him today of all six charges.

The 55-year-old woman — whose identity is protected by a publication ban — sat in the courtroom when the verdict was delivered, with her husband's arm around her.

Cormier smiled as he left the courtroom.

He was arrested on March 24, 2010, after a woman — who had been the subject of a missing person investigation — said she was abducted by him at knifepoint outside the Moncton mall where she worked. She said she was held against her will in his one-room basement apartment for 26 days.

The 63-year-old Cormier testified in his defence, saying the woman was an acquaintance who wanted to be with him and plotted with him to kill her husband.

The Crown recalled the woman to the witness stand, where she rejected Cormier's testimony.

Sentencing has been set for Aug. 18.

THE CANADIAN PRESS

NOT A MAN FOR ALL SEASONS

HE SAYS ...

JOHN MAZEROLLE
METRO

There are two types of people in this world: People who like summer, and me.

After much consideration, I have decided to side with me.

Summer has its perks, sure — a box of Junior Mints left in the car transforms magically into one giant Junior Mint — but it's still the most overrated season. Its default No. 1 position bugs me: summer gets celebrated simply for arriving on the scene, the Miami Heat of Mother Nature.

Well, I'm here to speak truth to power: Summer is, at best, tied with winter for last place. So much of summer's warm reputation doesn't hold up in the cold light of day.

Take summer vacation, that idyllic childhood window filled with bee stings, bike crashes and, if you went with the full package, broken bones.

These are the best days of our lives?

"Even summer's most cited perk, the weather, is not all it's cracked up to be. On any given day there is bound to be a smog alert, a humidex warning, a UV warning ..."

The backyard playground alone was a death trap: A hard plastic swing, apparently coated with Pam, that caused every child to slip toward the ground face-first with the force of a robin into a bay window. This resulted in the official childhood Five-Alarm Cry: Stunned silence/siren wail/more silence/remembering to breathe/more wailing.

The slippery swing seat is baffling in retrospect, because the slide attached on the side was so non-slippery that nothing could go down it, including marbles. Kids didn't slide down it, so much as shimmy. Water might have gone down it, except the slide was made of metal and often got so hot that it would start emitting X-rays. "It's nice out, so don't play on the slide!" was a common parental warning.

Of course, now that I'm an adult I can see there's more to summer than just potential injuries — there's also potential death.

Between beach riptides, exploding barbecues and wildlife attacks, there is hardly a chance to contract West Nile.

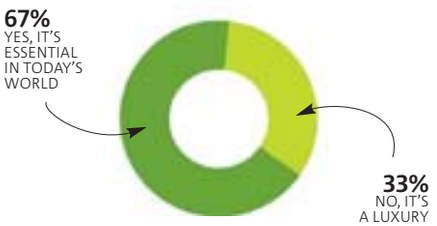
Even summer's most cited perk, the weather, is not all it's cracked up to be. On any given day there is bound to be a smog alert, a humidex warning, a UV warning, a severe-thunderstorm watch, a tornado warning, a watch-for-warnings watch, a stolen-watch warning or a "special weather statement" that warns of some weather pattern you've never heard of before, like a "Manure Storm" or "Smulch."

All things considered, it's better to hibernate until winter. I recommend a stockpile of Junior Mints to see you through.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metrolifepanel.ca and take the quick poll

Should Internet access be considered a human right?



Local tweets

- **@SepBaz:** Ummmm pretty stoked on Free Slurpee Day! Thanks for sharing this @vancitybuzz #slurpee #vancouver #winning vancitybuzz.com/2011/07/free-s...
- **@MyVancouver:** RT @nataliewarnes: Bike ride along the sea wall on Monday, playland yesterday & now home. I wish I never had to leave. I love #vancouver
- **@MissYasminaP:** Sunny day in #Vancouver. What to eat for lunch?? Salad, sandwich? Sit in the sun? So many choices, and hunger is building.
- **@PlayinVictoria:** Big Sugar are BACK! Two shows at the Commodore Vancouver October 21-22 #yyjmusic #yvr @big_sugar_Music http://dlvr.it/ZBQ9Q
- **@educupcakelover:** is going downtown #yvr Friday and I want to try new beers and snacks with my man. Suggestions?
- **@vancouver125:** @StanleyParkBrew 1 of our #125reasons we love #Vancouver is because it has the BEST outdoor venues for amazing festivals like #SummerLive

Worth mentioning

LOS ANGELES. It began as a bright white dot in Saturn's northern hemisphere. Within days, the dot grew larger and stormier.

Soon, the tempest enveloped the ringed planet, triggering lightning flashes thousands of times more intense than on Earth.

The international Cassini spacecraft and ground telescopes have been tracking the turbulence since last December, visible from Earth as a type of storm known as a "Great White Spot."

"It's still going like crazy," said Cassini project scientist Linda Spilker of the NASA Jet Propulsion Laboratory.

Such planet-wide weather disturbances are rare on Saturn, where the atmosphere is typically hazy and calm. Since 1876, astronomers have observed only five other megastorms on Saturn.

At the height of the storm, Cassini detected 10 lightning strikes per second. Scientists said the electrical activity emitted by the bursts were 10,000 times stronger than lightning on Earth.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder

PRESIDENTIAL ADDRESSES THEN
PRESIDENTIAL ADDRESSES NOW
FOUR SCORE AND SEVEN YEARS AGO...
ITS GR8 2 B HERE! WOOT! BFN! YR PREZ
metro

WEIRD NEWS

Now you see it, now you don't

Police are on the hunt for a man who walked into a San Francisco art gallery, grabbed a valuable pencil drawing by Pablo Picasso off the wall and then fled in a waiting taxicab.

Police said Tuesday the drawing, worth hundreds of thousands of dollars, was taken from the Weinstein Gallery near Union Square.

The gallery said Picasso created the one-of-a-kind drawing titled Tete de Femme in 1965.

Officer Albie Esparza told the San Francisco Chronicle that police hope a member of the public might recognize the piece if someone attempts to sell it.

Other artists whose works are still on display at the gallery include Marc Chagall, Salvador Dali and Joan Miro.

Police described the suspect as a man in his 30s wearing loafers and dark glasses.

THE ASSOCIATED PRESS

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Lawsuit against steel plant a go: Judge

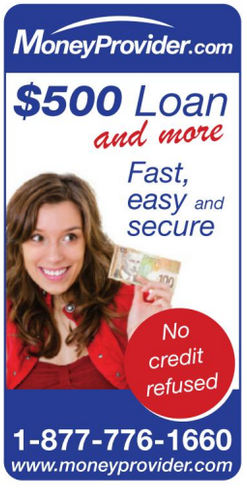
A woman leading a case against the federal and provincial governments over Cape Breton's tar ponds says her seven-year fight to have it approved as a class-action lawsuit has finally paid off.

Anne Ross praised a decision by a Nova Scotia Supreme Court judge yesterday that gives the green light to a legal action involving decades of contaminants that have been spewed from the former Sydney Steel Corp. plant.

"It's wonderful," she said from Sydney, N.S., where she has lived in the same home for 51 years.

"I'm ecstatic over it. It took a long time — seven years — but it's well worth the wait."

THE CANADIAN PRESS



Canadian wine grows in annual production

Canada's wine industry has far outpaced overall growth in the beverage sector over the past decade, but is still losing market share at home and abroad, says a new report from BMO Capital Markets Economics.

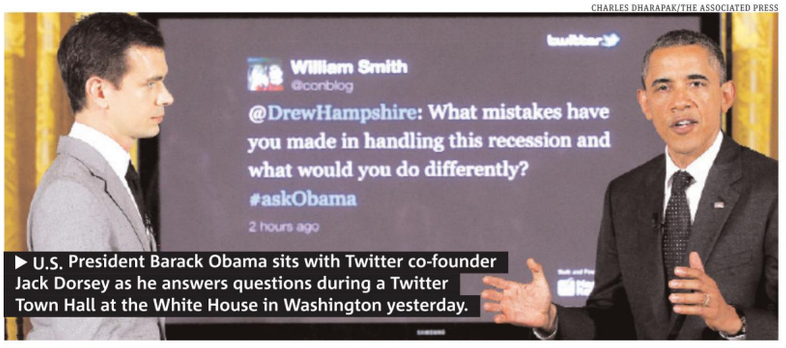
Canadian wine production has grown by 7.6 per cent a year since 1998, compared with just one per cent for the overall beverage sector. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas	Gold
– 22.20 (13,403.10)	– 0.26¢ (103.56¢ US)	– 24¢ US ($96.65 US)	$4.222 (– 14.9¢)	$1,529.20 (+ $16.50)

CHARLES DHARAPAK/THE ASSOCIATED PRESS


William Smith
@conblog
@DrewHampshire: What mistakes have you made in handling this recession and what would you do differently?
#askObama
2 hours ago

▶ U.S. President Barack Obama sits with Twitter co-founder Jack Dorsey as he answers questions during a Twitter Town Hall at the White House in Washington yesterday.

Obama gives a Tweet

Twitter cuts Obama down to 140 characters or less

U.S. President Barack Obama answered questions from Twitter users in a town hall meeting yesterday that used the popular site to focus on jobs and the economy.

White House officials say Obama sees the social media tool as a way to reach beyond mainstream media and interact with Americans directly, particularly the more tech-savvy part of the electorate as his campaign for re-election in 2012 ramps up. Twitter selected the questions from thousands submitted.

Twitter users had to keep their questions to the networking site's 140-character limit, but the president had no such restrictions. He answered in his trademark lengthy form on college costs, immigration, collective bargaining rights, the debt limit, manufacturing jobs, the housing crisis and other topics. The first question asked of the president was what mistakes he'd made in handling the recession.

Obama defended his stimulus program as "the right thing to do," but he allowed that his administration had underestimated the severity of the recession and so he did not prepare the American people "for how long this was going to take." THE ASSOCIATED PRESS

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INCLUDES Upper West Side accom. ADD theatre tickets to *Chicago, Billy Elliott, Mary Poppins* or *Memphis* from $143.

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Mayan Riviera 7 Nights 4.5-Star	from $617 + taxes & fees $331
Cancun 7 Nights 4-Star	from $727 + taxes & fees $331

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INCLUDES family suite accom with waterpark pass at Washington's Great Wolf Lodge. Price per person based on a family of 4.

Anaheim Air + 4 Nights from $299◊ + taxes & fees $130
INCLUDES accom near theme parks. Price per person based on family of 4.

Vacations

Frankfurt Air + 7 Nights 4-Star + Activity from $679 + taxes & fees $505
INCLUDES Sachsenhausen district accom close to restaurants and nightlife, with hot buffet breakfasts and hop-on, hop-off bus pass.

Bahamas Air + 7 Nights from $828 + taxes & fees $188
INCLUDES Grand Exuma accom and complimentary shuttle into Georgetown.

Barcelona Air + 7 Nights from $1499 + taxes & fees $400
INCLUDES accom close to Plaza de Catalunya and the Ramblas.

Canada

Victoria 2 Nights from $189 taxes & fees included
INCLUDES accom near sights and attractions.

Campbell River 2 Nights from $165 taxes & fees included
INCLUDES accom in an oceanfront resort featuring salmon fishing, wildlife tours, whale watching, golf and more. UPGRADE to seaview room from $16 per night.

Tofino 2 Nights from $209 taxes & fees included
INCLUDES accom on secluded oceanfront property. ADD whale watching tour from $99.

Sechelt 2 Nights from $215 taxes & fees included
INCLUDES accom located on the downtown waterfront.

Thompson River River Rafting 2 Nights from $469◊◊ taxes & fees included
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Oil. Relations

▶ A Darfuri woman poses for a photograph following rehearsals for independence celebrations in Juba, southern Sudan, earlier this week. Southern Sudan is set to declare independence from the north on July 9.

DAVID AZIA/THE ASSOCIATED PRESS

Preparing for independence day

An official from Southern Sudan said yesterday the government is considering connecting its oil to an East African pipeline and bypassing Khartoum-run pipelines, a move that could further deteriorate relations between North and South Sudan.

China's interest rates cap oil prices

A stronger dollar and higher interest rates in China kept a lid on the price of oil yesterday.

Benchmark West Texas Intermediate crude for August delivery lost 24 cents to settle at $96.65 US per barrel. Brent crude added a penny to settle at $113.62 per barrel. THE ASSOCIATED PRESS

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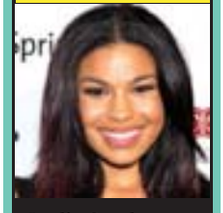
Anthem



Jordin Sparks sang for President Barack Obama this week, and now she'll perform it for baseball fans. The American Idol champ will sing the Star-Spangled Banner on July 12 at Major League Baseball's 82nd All-Star game.
THE ASSOCIATED PRESS

Woody Allen, set to film movie in Rome, meets with city mayor

SUBMITTED

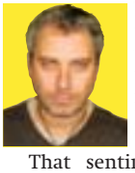
▶Rosalind (Lois Anderson) congratulates Orlando (Todd Thomson) on his wrestling victory by giving him her necklace in As You Like It, part of Bard on the Beach 2011.

End of winter's discontent

The summer's Bard on the Beach season has returned Find out what's on tap this year

BACKSTAGE PASS

GRAEME MCRANOR
METRO VANCOUVER



The fool thinks he's wise, but the wise man knows himself to be a fool.

That sentiment, from Shakespeare's comedy As You Like It, is a fitting one this week for the writer of this column.

Oh, what a fool I've been. How could I neglect Bard on the Beach? For there it lives, across the water from my abode, at Vanier Park.

Of course, Shakespeare also wrote that the sun sees not till heaven clears. So now that it's shining bright and we're all seeing clearly, here's a breakdown of what's on tap at this year's Bard:

As You Like It – directed by David Mackay

Yes, all the world's a stage in the merry comedy about a girl fleeing persecution in her uncle's court. She runs away disguised as a man and serendipitously finds herself poised to teach her unknowing suitor the way to win a woman's heart. On the Main Stage.

The Merchant of Venice – directed by Rachel Ditor

The most excellent play about age, idealism and compromise. Portia and Bassanio find true love while the moneylender Shylock is locked in a deadly battle with the merchant Antonio. The good news? It won't cost you a "pound of flesh" to see it on the Main Stage.

Henry VI: The War of the Roses – directed by Christopher Weddell

Shakepeare's Henry VI trilogy rolled into one: King V dies. Houses of York and Lancaster struggle. King VI has to pacify a nation of rabble-rousers and power-hungry relatives. Dirty politics, illicit romance, violence and witchcraft ensue.

Richard III – directed by Kathryn Shaw

York and Lancaster are still squabbling for the English crown in this play that depicts the Machiavellian rise to power and short reign of Richard III. Methinks the winter of our discontent has been made glorious by summer and the Studio Stage.

Visit bardonthebeach.org for more information.

CLAIRE RANDALL HAS A HUSBAND IN ONE CENTURY, AND A LOVER IN ANOTHER…

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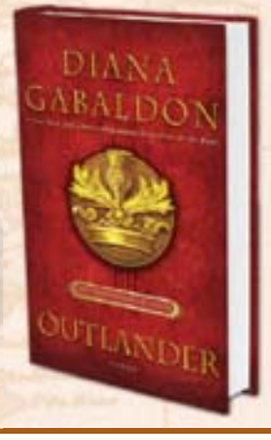

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DOUBLEDAY CANADA

Movie reviews

Conan O'Brien coming to a theatre near you

HANDOUT

▶ Conan O'Brien

Conan O'Brien Can't Stop
Genre: Documentary
Director: Rodman Flender
Stars: Conan O'Brien, Andy Richter, Stephen Colbert
●●●

This documentary about O'Brien's 32-city pity tour after being turfed as host of The Tonight Show could more rightly be called Multi Millionaires Just Wanna Have Fun.

The flame-haired host repeatedly says he took his act on the road to have fun, but why doesn't he look like he's having any?

Wedged between rehearsal, onstage and candid backstage footage is a portrait of a wounded man struggling with a grave personal and professional disappointment.

It's like watching someone go through a bad breakup for 90 minutes, with musical numbers and the odd joke.

This documentary is for all showbiz aficionados but primarily for Coco completests.

● RICHARD CROUSE

Screenings

Conan O'Brien Can't Stop will screen in select Cineplex theatres on July 7. It can then be seen on July 8 in Toronto, Calgary and Vancouver, and on Aug. 12 in Edmonton. A string of screenings over the course of several days are scheduled in Ottawa.

- Scotiabank Theatre Vancouver, 900 Burrard St.
- SilverCity Riverport Cinemas, 14211 Entertainment Way, Richmond

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Anthony offered adult-film job

We're going to hell for re-reporting this, but you're going to hell for reading it, so see you there. Hours after Casey Anthony, the Florida mother accused of murdering her two-year-old daughter, was found not guilty (in a controversial verdict), Steve Hirsch, the head of porn company Vivid Entertainment, called to offer her a job, reports TMZ.

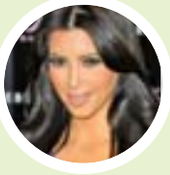
"Whether you agree with the verdict or not, Casey will want to move forward with her life and has a right to make a living. It's not going to be easy for her and we believe we can help her make the transition into a new life," he told the site. Pure class.

METRO

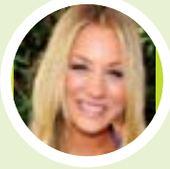
RED HUBER/THE ASSOCIATED PRESS

▶ Casey Anthony

Celebrity tweets



WHAT!!??!! CASEY ANTHONY NOT GUILTY!!!! I'm speechless!!! .... Reading the comments here & its nuts people think just bc I was close to the OJ trial I can't have my own opinion on the Casey Anthony case?



Nice justice system. I can't breathe. I can't think. I'm sick. God help us.

Lady A's leading lady gets engaged

Lady Antebellum's Hillary Scott is engaged.

The 25-year-old singer's boyfriend, Chris Tyrell, popped the question over the Fourth of July weekend at a family getaway in East Tennessee.

Scott and the 24-year-old drummer met while touring with Tim McGraw in early 2010. People first reported the engagement Tuesday.

Scott is the second member of Lady A to end her single ways. Charles Kelley is married, leaving Dave Haywood as the lone available member of the Grammy-winning trio.

Lady A turned in the top-selling country album of 2010 with Need You Now and is preparing to release its follow-up, Own The Night, due out Sept. 13.

THE ASSOCIATED PRESS

Hillary Scott

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The message from Milan and Paris for spring/summer 2012 is to lighten up and get in the swing of things ('60s style) Here's our breakdown of what was trending on the catwalks for the latest round of men's shows

Men on spring/summer trends

RICHARD PECKETT
METRO WORLD NEWS

CONTRIBUTED

▲ Versace
▶ Burberry

CONTIRBUTED

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▲ McQueen
▶ Gucci

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▲ Dolce & Gabbana
▶ Giorgio Armani

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▲ Vivienne Westwood
▶ Calvin Klein

CONTIRBUTED

Brights, prints and all things loud

If you're not one for colour, you'd best learn to love it as it's going to be all over the place come next spring. Burberry showed ikat prints, raffia bobble hats and cork-soled, woven moccasin shoes. A possible answer to Prada's insanely popular flatform shoe? Maybe. Givenchy had obviously read the print memo too. The house rolled with Hawaiian surfer chic. That means lush, tropical prints and yes, skirts.

That '60s vibe

Get ready to start buying slimmer suits. It was back to the swinging '60s with designers taking inspiration from Carnaby Street and a young Michael Caine. Alexander McQueen went all Savile row meets rock 'n' roll with pyjama-style striped pants, a Mick Jagger-esque oversized dress shirt and even a flame print jacket. Conversely, Gucci went for slimmer silhouettes to suit the rakish,womanizer in Prince of Wales check and houndstooth – popular patterns at many shows including the avant-garde Comme des Garçons.

Peek-a-boo

If you're the type who likes to flash a bit of skin than the season's trend for transparent clothing might be for you. Giorgio Armani, Dolce & Gabbana and Maison Martin Margiela all teased with sheer and diaphanous knits. But of course, it was the Dolce & Gabbana duo that took it a step further with a nod to Sicilian fishing heritage. Sounds quaint but boy will it take some ballsy blokes to pull it off! The look: Mesh netting worn over sweaters.

Sporting Olympic chic

Olympic tickets may be hard to come by, but there's no shortage of sporty references in the collections. Calvin Klein looked to '80s athletic wear while Vivienne Westwood parodied the games with Olympic orb tees.

3 life

Men's pick

BRIGHT BELTS

Guys, loosen up – look-wise, that is. Put a little spring in your jeans-and-Tee combo by trying a colourful belt like this peppy style.

RICHARD PECKETT

ZARA
$30, zara.com

POLO RALPH LAUREN
$69, asos.com

Under starry summer night sky, Chanel's crystal-emblazoned skirt suits shine

Making art from home

Photos aren't meant to be hidden away on your computer's hard drive
Give your pictures a second life by turning them into creative and unique decor pieces

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

There used to be a time when families would proudly display framed vacation, school and family photos as part of their decor. Nowadays, all my great photo memories are locked away in my computer and although easily emailed to friends and family, very rarely do I have any cool photos on display in my house.

New printing options will let you turn a simple photo into some fantastic artwork for the home.

Resizing your photos

Try cropping your favourite photo into a small 4" by 4" square and surround it with a very large white matte, then frame with a modern black wood frame.

This makes a simple image instantly look more modern. You can also turn coloured photos into black and white images — a great way to give a collage of framed photos some consistency.

Making poster-sized art

To make a small space feel bigger simply add large art or mirrors. This creates a big impact while taking up no precious floor space!

My favourite poster art is children's fridge art. Scan a brightly coloured painted handprint page and have it enlarged into poster-sized paper.

A simple frame (try Ikea) will help to give your new poster sized art a professionally-finished look.

One large poster of homemade art can look special whereas more than one looks a bit common.

Printing on canvas

The texture of the canvas and the thick edges of the stretcher frame will give an artful look to the simplest of pictures.

Using photophore, consider modifying your photo to make it a bit more artful. The antiquing, colour contrasting and black/white imaging are my favourites. When re-printed on canvas they will really look like artwork rather than just a photo.

Printing on metal

Consider reprinting your digital photo on a sheet of stainless steel.

The sheen of the stainless steel appears beneath the artwork to help give a very contemporary and reflective quality to your artwork.

A lovely landscape shot, digitalized in black/white or sepia tone will take on a mysterious look when printed on metal.

Laser printing

The least expensive way to reproduce your images, laser printing allows you to enlarge or reduce your image for big or small impact.

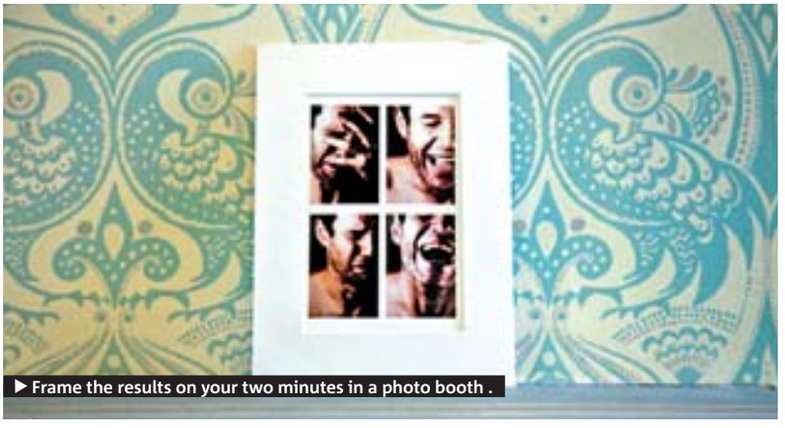
Why not reproduce Grannie's portrait in black and white, then re-paint on brightly coloured makeup (creative gel markers work great) for a Warhol-ish look. The original photo will be safe in an album or on the computer and you have fun personalizing photos for a fun and artful piece of art.

Frame matters

Create a real designer by framing modern-style art pieces with traditional frames.

- **Black and white** One of my favourite art pieces is a black and white photo of a single flower and it is framed in a super-fancy carved frame that has been spray painted in electric blue colour.
- **Mix it up** The juxtaposition between the modern art, traditional frame and splashy colour of frame makes for a statement piece in a boring hallway.

ISTOCK IMAGES



▶ Frame the results on your two minutes in a photo booth .

ISTOCK IMAGES

▶ Black and white images take on a timeless quality.

LET THE SUMMER SUN IN

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA
FOR MORE, VISIT CHARLES MACPHERSON.COM

With summer finally here — I want to let the sunshine in! What's the best way to clean filthy windows outside?
Betty, Edmonton

Dear Betty:

First, you should remove any excess dirt and grime from the windows. Do this with a watering hose or a pail filled with lots of fresh clean water and a capful of dish soap.

Once you have removed the surface dirt you are ready to clean the windows to a streak-free shine. Here are several options to consider:

1. A good commercial cleaner (with ammonia) and newspaper does a wonderful job.

2. A solution of 50 per cent water and 50 per cent vinegar is great. Spray this onto the window and then use either newspaper or a microfiber cloth to wipe the window dry, thus avoiding streaks.

3. A pail full of warm, clean water with a capful of dish soap will also do the job. Use a sponge to wash the window and then use a squeegee to leave the glass crystal clean.

PSSST...
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▶ You can still do spring cleaning in the summer.

Question:
My husband managed to stain his best shorts with pen ink. How do I get out the stain?
Laura, Victoria

Hello Laura:

Good news — this is a relatively easy stain to remove. Pour a few capfuls of pure rubbing alcohol into a little dish. Now, dip a clean cotton swab into the alcohol and slowly and gently rub it onto the ink stain. As the cotton swab starts to absorb the ink, change it for a clean one.

HAVE AN ETIQUETTE OR HOUSEKEEPING QUESTION? EMAIL ASKCHARLESTHEBUTLER@METRONEWS.CA

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GEORGIA

Keeping cool in summer

Don't underestimate a ceiling fan when it comes to surviving the dog days of July and August

ISTOCK IMAGES

▶ Fall asleep under a gentle breeze on a hot summer's night.

DIY IDEAS

It may feel nice to keep the AC on full blast from now until September, but when you do that, you're running your energy costs sky-high and not doing Mother Nature any favours.

We spoke with Taniya Nayak, host of HGTV's House Hunters on Vacation, who offered some better tips for beating the summer heat.

Paint zen colours

"The light, more powdery pastel colours are very cooling and soothing. You could even go tan as long as it's like a grayish-taupy tan."

Pick the right shades

"If you're going to do window treatments, you could just add white window shades. They're white so they'll reflect the light off. Cellular shades or honeycomb shades are awesome too because they almost trap the heat in the cellular compartments of the shade. They're a little more expensive, but I think if you're living in a house for a long time it would be a good investment to make."

Replace your rugs

"If you have a heavy carpet, a really inexpensive solution is to pick up one of those natural fibre jute rugs. They're almost very nautical in a sense so it gives you that sense of coolness. It makes you feel like you're on the beach."

Switch out your light bulbs

"Most people have incandescent bulbs but they burn a lot of energy, so you could swap them out for a more energy-efficient fluorescent bulb."

Work with nature

"If you plant trees on the south or west sides of your house, it'll keep it cooler in the summer but it'll actually keep it warmer in the winters because the sun sets and rises on the opposite side in the winter."

Stay away during mid-day

"Sometimes it's a better idea to shower in the morning or at night and not in middle of the day; same thing with doing dishes, washing and drying your clothes, cooking — all that stuff can help reduce heat in the house. You're just trying to avoid that midday heat — that's when it's the worst."

Think long-term

"If you're going to live there for awhile it might be worth [adding] insulation to your attic. You could go up to like 12 inches of insulation and it'll dramatically reduce the heat that's in your house."

Choose your fabrics wisely

"If we're going to talk from a design standpoint, it's fabrics that you want to consider using when you want to think about keeping cool. Even if it's on your body, or if it's window treatments or pillows or even sheets on your bed. Cotton is a great one. Linen is another really nice, lightweight one and it's very porous so it allows it to breathe. Silk is a really good one — it's just very light. I just did a shoot in St. Thomas and the cameramen were all literally sweating through their clothes; I was wearing silk and it was so breezy and light and comfortable."

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Kitchen talk with Canada's Top Chef

Dale MacKay, the winner of Top Chef Canada and owner of Vancouver's French restaurant Ensemble (and protégé of chef Gordon Ramsay), chops it up with Metro.

What's the one ingredient you must have in your kitchen at all times?
Spices are probably one of the most important ingredients that I use. I have a love for them all, but kaffir lime is something that I use a lot of.

What food do you feel is the most underrated?
Brussel sprouts. Often people just boil them and it's just not very tasty. But when you roast and cook them with bacon, they're one of the most delicious veggies.

What is your guilty pleasure or comfort food?
Barbecue. All types of barbecue — pulled pork, ribs, flank, you know.

What's the worst meal you ever made?
I cooked for my ex-girlfriend's family in Poland and it wasn't very nice. I tried to make an eggplant purée with white fish and some Polish potatoes and stuff. It didn't go over well.

If you could go toe-to-toe with a chef, who would it be?
I'd like to go toe-to-toe with any chef. But I'd say Gordon Ramsay. I worked for him so it'd be hilarious to try to beat the master.

PHOEBE HO FOR METRO

Dress up spaghetti for summer

Fresh mango salsa and grilled shrimp skewers pair well with pasta

This summery pasta dish infused with Latin American flavours is a delightful option to serve and it is easy on the budget. The recipe is also packed with healthy antioxidant and nutrient-rich ingredients such as mango and red pepper. Removing the seeds from the jalapeno peppers takes away much of the heat. If desired, replace shrimp with grilled skewers of boneless, skinless chicken breast.

Preparation:

1. Preheat grill to medium-high heat.
2. In a small bowl, whisk lime juice with oil, lime zest, honey and garlic. In a separate bowl, toss shrimp with 30 ml (2 tbsp) of the dressing. Let stand for 10 minutes. Thread shrimp onto 6 large wooden skewers that have been soaked in water to minimize flare ups.
3. Meanwhile, place remaining dressing mix and one mango in the bowl of a food processor fitted with a metal blade. Pulse until finely chopped. Add remaining mango, red peppers, onion, jalapeños, salt and pepper; pulse until coarsely chopped.
4. Prepare spaghetti according to package directions; drain well. Grill shrimp skewers for 3 minutes per side or until pink all over. Toss hot spaghetti with mango salsa mix and coriander. Garnish each portion with a shrimp skewer.

THE CANADIAN PRESS/ CATELLI HEALTHY HARVEST

THE CANADIAN PRESS H/O

▶ This dish will serve six.

Ingredients:

- 1 box (375 g) whole-grain spaghetti
- 50 ml (1/4 cup) lime juice
- 45 ml (3 tbsp) canola oil
- 10 ml (2 tsp) each finely grated lime zest and honey
- 3 cloves garlic, minced
- 500 g (1 lb) peeled, uncooked large shrimp
- 2 ripe mangoes, peeled, chopped and divided
- 2 red peppers, chopped
- 175 ml (3/4 cup) chopped red onion
- 2 jalapeno peppers, seeded and chopped
- 2 ml (1/2 tsp) each salt and pepper
- 250 ml (1 cup) coarsely chopped fresh coriander

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4 sports

Quoted

"If I say I want to do it at home now, what's that saying? I don't want to get a hit every time up?"

DEREK JETER YESTERDAY, ON THE POSSIBILITY OF REACHING 3,000 HITS AT HOME.

THE NEW YORK SHORTSTOP HAD A DOUBLE IN THE YANKEES' 5-3 LOSS TO THE INDIANS LAST NIGHT, LEAVING HIM WITH 2,997 HITS HEADING INTO TONIGHT'S GAME AGAINST TAMPA BAY AT YANKEE STADIUM.

Scan code for more sports.

DARRYL DYCK/THE CANADIAN PRESS

▶ Crew forward Jeff Cunningham, far right, celebrates his goal with teammates in Vancouver last night.

Crew too cunning for Caps

Columbus forward ties record with goal Second-half miss on penalty kick sinks Vancouver

Jeff Cunningham scored in the 89th minute, tying the all-time Major League Soccer record of 133 career goals, and the Columbus Crew beat the Vancouver Whitecaps 1-0 last night.

Cunningham, who came on as a second-half substitute, headed his landmark goal past Vancouver goalkeeper Joe Cannon after Columbus was awarded a late corner kick. He tied former D.C. United star Jaime Moreno for the MLS goal lead.

Columbus (7-5-6) ended a two-game losing streak even though Vancouver had the edge in scoring chances.

1	0
CREW	WHITECAPS

The Whitecaps dropped to 2-9-8 as they suffered their second straight league loss and third consecutive setback overall, including Nutrilite Canadian championship play.

1-4-2

The Whitecaps' record since new head coach Tom Soehn replaced Teitur Thordarson at the end of May.

Deep in the Whitecaps 18-yard box, Cunningham headed in a cross from Joe Gardner's corner kick.

The winning goal came after Columbus goalkeeper William Hesmer stopped Terry Dunfield on a penalty kick in the 73rd minute. Vancouver was also playing a man down after midfielder Shea Salinas was ejected in the 78th minute.

Hesmer dived to his right on a correct guess as Dunfield struggled to get muster on the shot. The penalty was awarded when Columbus midfielder Dejan Rusmir fouled Alain Rochat in the box as he was trying to field Dunfield's long, high free kick.

Vancouver played without top scorer Eric Hassli, who suffered a leg injury Saturday in a 2-1 loss to Toronto in the second leg of the Nutrilite final. As a result, 17-year-old rookie striker Omar Salgado made his second straight MLS start.

Whitecaps captain Jay DeMerit (groin) and Davide Chiumiento (hamstring) also sat out with injuries. Dunfield was relegated to reserve status before subbing on in the second half, while speedy super-sub Nizar Khalfan made his first start since April 10 at Houston.

THE CANADIAN PRESS

Oft-injured Hargreaves turns to YouTube to lure potential suitors

MICHAEL REGAN/GETTY IMAGES

▶ Owen Hargreaves with Manchester United in April 2010.

Injury-plagued England midfielder Owen Hargreaves is trying to persuade clubs to offer him a contract with YouTube videos showing him working out.

The 30-year-old Calgary-born Hargreaves was released by Manchester United at the end of the season after playing just five matches in three years because of knee problems. Hamstring and shoulder injuries hampered his comeback last season, limiting him to a five-minute appearance in November.

A series of clips show Hargreaves moving and running freely.

English papers have speculated MLS teams in Toronto and Vancouver may be interested.

THE ASSOCIATED PRESS

CFL

Sources say Als padded attendance statistics

The Montreal Alouettes have declined to comment on a report they exaggerated attendance at games to help get governments to pay for the expansion of Percival Molson Stadium.

Montreal newspaper La Presse, quoting two unnamed team sources, reported yesterday that many games in recent seasons that were announced as sellouts were not full houses.

The report said anything less than a sellout could have hurt the bid for the $29-million expansion completed last year. The Quebec government put in $19.3 million, the City of Montreal $4 million and team owner Robert Wetenhall paid for the rest of the project. THE CANADIAN PRESS

CHRISTOPHER LEE/GETTY IMAGES

▶ Lene Mykjaland of Norway jumps above Elise Kellond-Knight of Australia.

FRIEDEMANN VOGEL/GETTY IMAGES

▶ Erika, right, celebrates scoring the first goal with her Brazil teammate Aline.

And then there were eight

Swedes beat U.S. 2-1 to set up quarter-final vs. Australia at women's World Cup

JENS MEYER/THE ASSOCIATED PRESS

▶ Sweden's Charlotte Rohlin, left, and Alex Morgan of the U.S. eye the ball.

Group stage

Sweden beat the Americans 2-1 yesterday at the women's World Cup to avoid Brazil in the quarter-finals and set up a match against Australia.

- The Australians came from behind to defeat Norway 2-1 and clinch the last quarter-final spot.
- Brazil flexed its muscles with a 3-0 win over Equatorial Guinea and will now play the Americans.

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MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	51	34	.600	—
Boston	51	35	.593	½
Tampa Bay	48	39	.552	4
Toronto	42	46	.477	10½
Baltimore	36	48	.429	14½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	46	39	.541	—
Detroit	46	42	.523	1½
Chicago	43	45	.489	4½
Minnesota	38	47	.447	8
Kansas City	36	51	.414	11

WEST DIVISION

	W	L	Pct	GB
Texas	47	41	.534	—
Los Angeles	46	42	.523	1
Seattle	43	44	.494	3½
Oakland	39	49	.443	8

Yesterday's results
Boston 6 Toronto 4
Cleveland 5 N.Y. Yankees 3
Detroit 5 L.A. Angels 4
Kansas City 4 Chicago White Sox 1
Oakland 2 Seattle 0
Tampa Bay 12 Minnesota 5
Texas 13 Baltimore 5
Tuesday's results
Boston 3 Toronto 2
Kansas City 5 Chicago White Sox 3
L.A. Angels 1 Detroit 0
Minnesota 3 Tampa Bay 2
N.Y. Yankees 9 Cleveland 2
Seattle 4 Oakland 2 (10 innings)
Texas 4 Baltimore 2
Tonight's games
All Times Eastern
Toronto (C.Villanueva 5-1) at Cleveland (McAllister 0-0), 7:05 p.mTampa Bay (Niemann 3-4) at N.Y. Yankees (Colon 6-3), 7:05 p.m.
Baltimore (Arrieta 9-5) at Boston (A.Miller 2-0), 7:10 p.m.
Oakland (Harden 1-0) at Texas (D.Holland 6-4), 8:05 p.m.
Detroit (Scherzer 9-4) at Kansas City (Duffy 1-3), 8:10 p.m.
Minnesota (Pavano 5-6) at Chicago White Sox (Humber 8-4), 8:10 p.m.
Seattle (Fister 3-9) at L.A. Angels (Weaver 10-4), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	55	33	.625	—
Atlanta	52	36	.591	3
New York	45	42	.517	9½
Washington	45	43	.511	10
Florida	39	48	.448	15½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	47	41	.534	—
Milwaukee	46	42	.523	1
Pittsburgh	45	42	.517	1½
Cincinnati	44	44	.500	3
Chicago	35	53	.398	12
Houston	30	58	.341	17

WEST DIVISION

	W	L	Pct	GB
San Francisco	48	39	.552	—
Arizona	47	41	.534	1½
Colorado	41	46	.471	7
San Diego	40	47	.460	8
Los Angeles	37	51	.420	11½

Yesterday's results
Atlanta 9 Colorado 1
Cincinnati 9 St. Louis 8 (13 innings)
Florida 7 Philadelphia 6 (10 innings)
Houston 8 Pittsburgh 2
Milwaukee 3 Arizona 1
N.Y. Mets 5 L.A. Dodgers 3
Washington 5 Chicago Cubs 4
San Diego at San Francisco
Tuesday's results
Arizona 7 Milwaukee 3
Atlanta 5 Colorado 3
N.Y. Mets 6 L.A. Dodgers 0
Philadelphia 14 Florida 2
Pittsburgh 5 Houston 1
San Diego 5 San Francisco 3
St. Louis 8 Cincinnati 1
Washington 3 Chicago Cubs 2
Today's games
All Times Eastern
Colorado (Nicasio 3-1) at Atlanta (T.Hudson 7-6), 1:05 p.m.
Chicago Cubs (Garza 4-7) at Washington (L.Hernandez 5-8), 7:05 p.m.
Houston (Happ 3-10) at Florida (Hand 0-3), 7:10 p.m.
Cincinnati (H.Bailey 3-3) at Milwaukee (Narveson 5-5), 8:10 p.m.
Arizona (J.Saunders 5-7) at St. Louis (McClellan 6-5), 8:15 p.m.
N.Y. Mets (Gee 8-2) at L.A. Dodgers (Kershaw 8-4), 10:10 p.m.
San Diego (Luebke 2-2) at San Francisco (Zito 2-1), 10:15 p.m.

RED SOX 6, BLUE JAYS 4

Toronto	ab	r	h	bi	Boston	ab	r	h	bi
YEscor ss	5	2	4	1	Ellsury cf	5	1	3	3
EThms lf	4	0	0	0	Scutaro ss	2	0	0	0
Bautist 3b	3	0	2	2	Pedroia 2b	4	0	1	0
Lind 1b	4	0	1	1	D.Ortiz dh	3	0	0	0
Encrnc dh	4	0	0	0	Youkils 1b	4	1	3	1
A.Hill 2b	4	0	0	0	J.Drew rf	3	1	1	0
Snider rf	4	0	2	0	DMcDn lf	2	1	1	1
Arencii c	3	0	0	0	Reddck ph-lf	2	0	0	0
McCoy pr	0	1	0	0	SItlmch c	4	1	1	0
RDavis cf	3	1	1	0	YNavrr 3b	4	1	1	1
CPttrsn ph	1	0	0	0					
Totals	**35**	**4**	**10**	**4**	**Totals**		**33**	**6**	**11**	**6**

Toronto	**102**	**000**	**001 —4**
Boston	**110**	**400**	**00x —6**

DP—Toronto 2. LOB—Toronto 7, Boston 7. 2B—Y.Escobar (13), Snider (8), Ellsbury 2 (25), Youkilis 2 (23), J.Drew (5), Y.Navarro (1). HR—Ellsbury (10), Youkilis (12). SB—Ellsbury (28). CS—Snider (2). SF—Bautista.

Toronto	IP	H	R	ER	BB	SO
R.Romero L,7-8	4 1-3	9	6	6	3	2
Camp	1 2-3	1	0	0	0	1
Rauch	1-3	1	0	0	1	0
L.Perez	2-3	0	0	0	0	1
Dotel	1	0	0	0	0	0
Boston						
Wakefield W,5-3	7	9	3	3	1	7
D.Bard H,19	2-3	0	0	0	0	1
Wheeler H,3	1-3	0	0	0	0	1
Papelbon S,19-20	1	1	1	1	0	3

HBP—by Papelbon (Arencibia). PB—Saltalamacchia 3.
Umpires—Home, Tim McClelland; First, Bob Davidson; Second, Jerry Layne; Third, Brian Knight. T—2:39 (Rain delay: 0:40).
A—37,404 (37,493) at Boston.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	1	1	0	0	30	26	2
Winnipeg	1	1	0	0	24	16	2
Toronto	1	1	0	0	23	21	2
Hamilton	1	0	1	0	16	24	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	1	1	0	0	42	28	2
Saskatchewan	1	0	1	0	28	42	0
B.C.	1	0	1	0	26	30	0
Calgary	1	0	1	0	21	23	0

WEEK TWO
All Times Eastern
Tomorrow's games
Toronto at Winnipeg, 7:30 p.m.
Calgary at B.C., 10:30 p.m.
Saturday's games
Montreal at Saskatchewan, 4 p.m.
Hamilton at Edmonton, 7 p.m.

PLAYERS OF THE WEEK

WEEK ONE
Offense — Jamel Richardson, SB, Montreal Alouettes
Defense — Alex Suber, DB, Winnipeg Blue Bombers
Special Teams — Tim Brown, KR/PR, B.C. Lions
Canadian — Ian Logan, S, Winnipeg Blue Bombers

SCORING LEADERS

	TD	C	FG	S	Pts
McCallum, BC	0	2	4	0	14
Barnes, Edm	2	0	0	0	12
Duval, Edm	0	5	2	1	12
Whyte, Mtl	0	3	3	0	12
Richardson, Mtl	2	0	0	0	12
Prefontaine, Tor	0	2	3	0	11
Medlock, Ham	0	1	3	0	10
Johnson, Sask	0	3	2	1	10
Palardy, Wpg	0	2	2	1	9

GOLF

THIS WEEK

PGA JOHN DEERE CLASSIC
Site: Silvis, Ill.
Schedule: Today-Sunday.
Course: TPC Deere Run (7,268 yards, par 71).
Purse: US$4.5 million. **Winner's share**: $810,000.
Online: http://www.pgatour.com

U.S. WOMEN'S OPEN
Site: Colorado Springs, Colo.
Schedule: Today-Sunday.
Course: The Broadmoor, East Course (7,047 yards, par 71).
Purse: TBA (US$3.25 million in 2010). **Winner's share:** TBA ($585,000 in 2010).
Online: http://www.usga.org
LPGA Tour site: http://www.lpga.com

CHAMPIONS FIRST TEE OPEN
Site: Pebble Beach, Calif.
Schedule: Tomorrow-Sunday.
Courses: Pebble Beach Golf Links (6,837 yards, par 72) and Del Monte Golf Course (6,357 yards, par 72).
Purse: $1.6 million. **Winner's share:** $240,000.

EUROPEAN PGA SCOTTISH OPEN
Site: Inverness, Scotland.
Schedule: Today-Sunday.
Course: Castle Stuart Links (7,050 yards, par 72).
Purse: $4.82 million. **Winner's share**: $803,695.

TENNIS

ATP CAMPBELL'S HALL OF FAME CHAMPIONSHIPS
At Newport, R.I.
Singles — Second Round
John Isner (1), U.S., def. Arnaud Clement, France, 7-6 (6), 6-4.
Denis Kudla, U.S., def. Grigor Dimitrov (2), Bulgaria, 6-1, 6-4.
Alex Bogomolov, Jr. (5), U.S., def. Ruben Bemelmans, Belgium, 2-6, 6-0, 6-1.
Olivier Rochus (6), Belgium, def. Nicolas Mahut, France, 6-4, 7-6 (3).
Tobias Kamke (8), Germany, def. Donald Young, U.S., 7-6 (3), 6-4.
Doubles — First Round
Johan Brunstrom, Sweden, and **Adil Shamasdin, Pickering, Ont.**, def. Matthias Bachinger and Michael Kohlmann, Germany, 6-4, 6-1.

WTA SWEDISH OPEN
At Bastad, Sweden
Singles — Second Round
Sofia Arvidsson, Sweden, def. Caroline Wozniacki (1), Denmark, 2-6, 1-0 (retired).
Flavia Pennetta (2), Italy, def. Angelique Kerber, Germany, 6-2, 6-3.
Lourdes Dominguez Lino (4), Spain, def. Arantxa Parra Santonja, Spain, 7-5, 6-1.
Johanna Larsson, Sweden, def. Vera Dushevina (5), Russia, 6-7 (4), 6-2, 6-2.
Barbora Zahlavova Strycova (7), Czech Republic, def. Anastasiya Yakimova, Belarus, 7-5, 4-6, 6-3.
Polona Hercog (8), Slovenia, def. Aravane Rezai, France, 3-6, 6-4, 7-6 (4).

WTA BUDAPEST GRAND PRIX
At Budapest, Hungary
Singles — Second Round
Klara Zakopalova (3), Czech Republic, def. Aleksandra Krunic, Serbia, 7-5, 7-5.
Anabel Medina Garrigues (5), Spain, def. Lesia Tsurenko, Ukraine, 6-2, 7-5.
Irina-Camelia Begu (7), Romania, def. Ajla Tomljanovic, Croatia, 6-4, 6-4.

TRANSACTIONS

MLB

AMERICAN LEAGUE
BOSTON RED SOX — Placed LHP Jon Lester on the 15-day DL. Recalled RHP Scott Atchison from Pawtucket (IL).
CLEVELAND INDIANS — Activated 1B Matt LaPorta from the 15-day DL. Optioned RHP Josh Judy to Columbus (IL).
N.Y. YANKEES — Activated RHP Phil Hughes from the 60-day DL. Released RHP Kanekoa Texeira from Scranton/Wilkes-Barre (IL).

NHL
CALGARY FLAMES — Signed G Leland Irving to a one-year contract.
COLUMBUS BLUE JACKETS — Signed D Radek Martinek to a one-year contract.
MINNESOTA WILD — Signed LW Colton Gillies to a two-year contract.
OTTAWA SENATORS — Re-signed F Erik Condra to a two-year contract.
PHOENIX COYOTES — Signed D Nathan Oystrick, D Dean Arsene and F Matt Watkins to one-year contracts.
ST. LOUIS BLUES — Signed F Jason Arnott and F Jamie Langenbrunner to one-year contracts.
SAN JOSE SHARKS — Re-signed G Thomas Greiss to a two-year contract.
TAMPA BAY LIGHTING — Signed C Tom Pyatt to a one-year contract.
WASHINGTON CAPITALS — Signed RW Troy Brouwer to a two-year contract.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
New York	19	6	3	10	34	23	28
Philadelphia	17	7	4	6	21	16	27
Columbus	18	7	5	6	21	19	27
Kansas City	17	5	6	6	22	23	21
Houston	18	4	6	8	21	22	20
D.C. United	16	4	5	7	23	29	19
Chicago	18	2	4	12	19	22	18
Toronto	20	3	8	9	17	34	18
New England	18	3	8	7	16	24	16

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	20	9	2	9	25	15	36
Dallas	18	10	4	4	26	17	34
Seattle	20	8	4	8	25	18	32
Real Salt Lake	16	7	3	6	21	12	27
Colorado	19	5	5	9	20	22	24
San Jose	17	5	6	6	22	21	21
Chivas USA	18	5	7	6	23	22	21
Portland	16	5	8	3	19	28	18
Vancouver	19	2	9	8	18	26	14

Note: Three points for a win, one for a tie.
Last night's results
Columbus 1 Vancouver 0
New York 5 Toronto 0
Colorado 1 Kansas City 1
Chivas USA 2 San Jose 0
Saturday's games
All Times Eastern
D.C. United at New York, 7:30 p.m.
Chivas USA at Kansas City, 7:30 p.m.
Toronto at Houston, 8:30 p.m.
Dallas at Real Salt Lake, 9 p.m.
Vancouver at Colorado, 9 p.m.
Chicago at Los Angeles, 10:30 p.m.
Philadelphia at San Jose, 10:30 p.m.
Sunday's game
Seattle at Portland, 4 p.m.

CREW 1, WHITECAPS 0
First Half — No Scoring.
Second Half
1. Columbus, Cunningham 1 (Gardner), 90th min.
Yellow Cards — Columbus: Gehrig (74th), Marshall (85th); Vancouver: Koffie (seventh), Camilo (23rd).
Red Card — Vancouver: Salinas (78th).
Referee—Chris Penso. **Assistant Referees**—Darren Clark, Mike Rottersman. **Fourth Official**—Ricardo Salazar.
Attendance — 19,079 at Vancouver.

FIFA WOMEN'S WORLD CUP

	GP	W	L	T	GF	GA	Pt
GROUP A							
x-Germany	3	3	0	0	7	3	9
x-France	3	2	1	0	7	4	6
Nigeria	3	1	2	0	1	2	3
Canada	**3**	**0**	**3**	**0**	**1**	**7**	**0**
GROUP B							
x-England	3	2	0	1	5	2	7
x-Japan	3	2	1	0	6	3	6
Mexico	3	0	1	2	3	7	2
New Zealand	3	0	2	1	4	6	1
GROUP C							
x-Sweden	3	3	0	0	4	1	9
x-U.S.	3	2	1	0	6	2	6
North Korea	3	0	2	1	0	3	1
Colombia	3	0	2	1	0	4	1
GROUP D							
x-Brazil	3	3	0	0	7	0	9
x-Australia	3	2	1	0	5	4	6
Norway	3	1	2	0	2	5	3
Equatorial Guinea	3	0	3	0	2	7	0

x — advanced to quarter-finals.

Yesterday's results
At Wolfsburg, Germany
Sweden 2 U.S. 1
At Bochum, Germany
North Korea 0 Colombia 0
At Frankfurt
Brazil 3 Equatorial Guinea 0
At Leverkusen, Germany
Australia 2 Norway 1
End of Group Stage
Tuesday's results
At Dresden, Germany
Nigeria 1 **Canada 0**
At Moenchengladbach, Germany
Germany 4 France 2
At Augsburg, Germany
England 2 Japan 0
At Sinsheim, Germany
New Zealand 2 Mexico 2
SECOND ROUND
Quarter-finals
Saturday's games
All Times Eastern
At Leverkusen, Germany
England vs. France, 12 noon
At Wolfsburg, Germany
Germany vs. Japan, 2:45 p.m.
Sunday's games
At Augsburg, Germany
Sweden vs. Australia, 7 a.m.
At Dresden, Germany
Brazil vs. U.S., 11:30 a.m.

FIFA MEN'S UNDER-17 WORLD CUP
Today's games
Semifinals
All Times Eastern
At Guadalajara, Mexico
Uruguay vs. Brazil, 4 p.m.
At Torreon, Mexico
Germany vs. Mexico, 7 p.m.
Sunday's games
At Mexico City
Bronze Medal
Semifinal losers, 4 p.m.
Gold Medal
Semifinal winners, 7 p.m.

COPA AMERICA
FIRST ROUND
Yesterday's result
Group A
At Cordoba, Argentina
Argentina 0 Colombia 0

CYCLING

TOUR DE FRANCE
At Cap Frehel, France
Fifth Stage — 164.5 kilometres (flat terrain)
1. Mark Cavendish, Britain, HTC-Highroad, three hours, 38 minutes, 32 seconds; 2. Philippe Gilbert, Belgium, Omega Pharma-Lotto, same time; 3. Jose Joaquin Rojas, Spain, Movistar, s.t.; 4. Tony Gallopin, France, Cofidis, s.t.; 5. Geraint Thomas, Britain, Sky Procycling, s.t. **Also — 55. Ryder Hesjedal, Victoria, Garmin-Cervelo, s.t.**
Overall Standings (after five stages)
1. Thor Hushovd, Norway, Garmin-Cervelo, 17 hours, 36 minutes, 57 seconds; 2. Cadel Evans, Australia, BMC, one second behind; 3. Frank Schleck, Luxembourg, Leopard-Trek, 0:04; 4. David Millar, Britain, Garmin-Cervelo, 0:08; 5. Andreas Kloeden, Germany, RadioShack, 0:10; **Also — 32. Ryder Hesjedal, Victoria, Garmin-Cervelo, 1:22 behind leader.**

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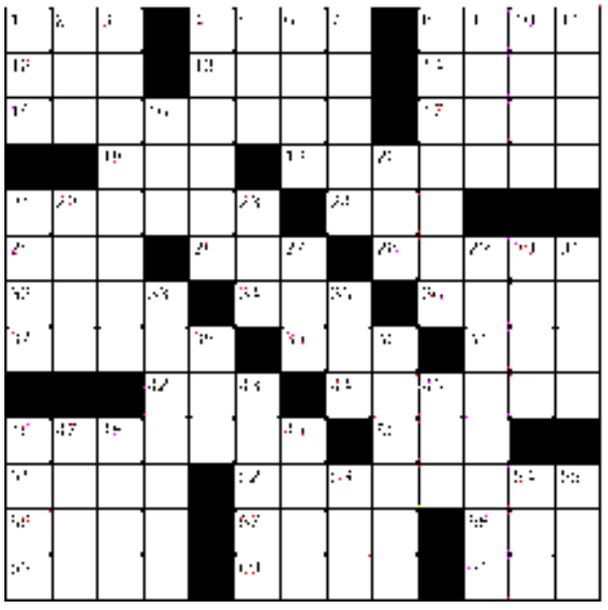
Crossword



Across

1 Feds' org.
4 Cheese in a mouse-trap
8 — mater
12 Romaine
13 Loosen
14 Shakespeare's king
15 Kitchen strainer
17 Movie pal of Stitch
18 Charlie Brown : "Good grief" :: Cathy : —
19 Defendant
21 Cold spell
24 Scuttle
25 Conclude
26 Carpet
28 Crystal-lined rock
32 — out (supplemented)
34 Do lawn work
36 Phony coin
37 Heat-resistant glass
39 Father
41 Ike's command
42 Round Table address
44 Settles a debt
46 Genus sub-group
50 Chignon
51 Broad
52 Waste
56 Related
57 Rock band's gear
58 Comic Philips
59 Require
60 Sommelier's suggestion
61 Massage

Down

1 Radio watchdog grp.
2 Greet the villain
3 Crusoe, e.g.
4 Sand trap
5 Moreover
6 Concept
7 Liberty's prop
8 Refers (to)
9 Luau wreaths
10 Guy
11 Yankee nickname
16 Performance
20 Gear tooth
21 Cry
22 Black
23 Pirates' potation
27 Deity
29 Ornamental dogbane
30 Responsibility
31 Hollywood clashers
33 Drop
35 Sherman called it "hell"
38 Noon, in a way
40 Adulterate
43 Cut smaller boards
45 Piece of wordplay
46 Graceful bird
47 Toll road, for short
48 Adams or Falco
49 640 acres (Abbr.)
53 Bygone TV channel
54 Flightless bird
55 Plagiarize

▶ Yesterday's answer

Sudoku

	8	1	4			3		
	2			9		4		
	4		6		3			
			5				6	
3			2		1			9
	9				4			
			7		5		3	
		8		2			4	
		6			8	9	7	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

CC, The past year has been so amazing. I am so happy you decided to be a part of my life. Thank you for giving me the opportunity to open my heart to such a wonderful girl. You're the best thing that has ever happened to me. xoxo **RYAN**

Pa, Hey there seksi! Awesome job for beating the rain while riding your bike to work. Hope you have a great day. Don't stress to much of whats going on;) I love you beybie!! **MA**

BooBoolicious, As we approach our first wedding anniversary, and I reflect back on the past year Im filled love, happiness and pure joy, and it's all becuase of you. I love you and I can't wait to see what the future holds for us. You are the best husband a girl could ask for. XOXO **HONEY BABY**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
No matter what others may want you to do, don't force it if you are not in the mood for socializing.

♉ Taurus April 21-May 21 Something will inspire or upset you to such an extent that you have to do something about it. Tread carefully.

♊ Gemini May 22-June 21 If others react with shock and surprise at what you do today, they only have themselves to blame.

♋ Cancer June 22-July 22 Make allowances for those who can't get themselves out of a rut.

♌ Leo July 23-Aug.23 Why are you comparing yourself to people who are on a higher rung of the ladder? You've come a long way.

♍ Virgo Aug. 24- Sept. 22 Can you be sure that what others are telling you is the truth? Make sure you do your own research.

♎ Libra Sept. 23-Oct. 23 Today's Jupiter-Pluto link will encourage you to be pushy in your ambitions.

♏ Scorpio Oct. 24-Nov. 22 Don't take what happens today too seriously. In the greater scheme of things, it's of little importance.

♐ Sagittarius Nov. 23-Dec. 21 What happens today will remind you that fear is a negative emotion and serves no useful purpose.

♑ Capricorn Dec. 22-Jan. 20 What happens today will delight you. Don't fight the future.

♒ Aquarius Jan. 21-Feb. 18 Remind yourself what your number one goal is — then get back on the path that will take you to it.

♓ Pisces Feb. 19-March 20. Someone's been keeping things from you but you haven't been betrayed. SALLY BROMPTON

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Caption contest

DANIEL OCHOA DE OLZA/ THE ASSOCIATED PRESS

WIN!

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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